



Healthy Home Challenge: How Healthy is your Home?

1. **Where do you live?**

2. **Is there mold or mildew in your home?** Mold often smells musty, and can be black, green, gray, orange, or white. Common locations are in your bathroom, in damp basements, around leaky bathroom and kitchen sinks, on windows or walls that stay damp for long periods of time.

3. **Do you feel your tap water is safe to drink? If not, explain why.**

4. **Is there a working Smoke Alarm in your home?** Alarms should be placed on every floor, and near every sleeping area. Batteries should be changed every year.

5. **Is there a working Carbon Monoxide Alarm in your home?** You should have at least one in your home. Batteries should be changed every year.

6. **Are you exposed to Tobacco Smoke, or Second Hand Smoke in your home?**

7. **Do you use, store, and dispose of Hazardous Household Products safely?** Examples: bleach, oven cleaner, batteries, bug spray, etc.

8. **Do you feel your home has Good Indoor Air Quality? If not, explain why.**

9. **Are there pests in your home? If so, what kind? Is the problem mild, moderate, or severe?** Examples: roaches, mice, ants, rats, fleas, bed bugs, etc.

10. **Is there lead in your home?** Lead-based paint was banned in 1978. Do you live in an older home with chipping, cracking, or flaking paint? Do you have lead pipes in your home?

Thank you for your time!